

FIRST NAME

Grid for first name input

MI

MI input box

LAST NAME

Grid for last name input

MAILING ADDRESS

Grid for mailing address input

CITY

Grid for city input

STATE

Grid for state input

ZIP CODE

Grid for zip code input

E-MAIL ADDRESS

Grid for e-mail address input

PHONE NUMBER

Grid for phone number input

DATE OF BIRTH

Grid for date of birth input

AGE (on race day)

Grid for age input

SEX (circle)

M F

CHECK ONE EVENT:

- 10 Mile Race, 2 Mile Run/Walk, Junior Run For Life, 10 Mile Relay (Team Name)

CHECK ANY APPLICABLE CATEGORY:

- Transplant Recipient, Transplant Recipient Family Member, Wheelchair Racer, Organ Donor Family Member, Racewalker

CHECK ANY APPLICABLE CATEGORY:

- Junior Run For Life Registration without t-shirt - FREE, Junior Run For Life Registration with t-shirt - \$10, Run For Life Registration before March 19 - \$25, Run For Life Late Registration after March 19 - \$35, Run For Life Family Registration before March 19 - \$22 ea. min. 3 members, register on separate forms; mail together, Sunflower Striders Member Discount - Deduct \$3 (only if you include dues or can verify membership), Sunflower Striders Running Club New/Annual Member Dues (Optional) - \$20 Individual/\$25 Family, Tax-deductible contribution to the Winnie Hesse Memorial Fund \$

Register by 3-19-10 to guarantee a Technical T-shirt

Complete One Registration For Each Person

CIRCLE T-SHIRT SIZE: Adult size Technical T-shirt S M L XL XXL Kid size Polyester Blend T-shirt S (6-8) M (10-12) L (14-16)

TOTAL AMOUNT ENCLOSED (NO REFUNDS): \$

Make checks payable to TOPEKA COMMUNITY FOUNDATION

I know that running is a potentially hazardous activity and I should not enter unless I'm medically able and properly trained. I also know that although police protection will be provided, there will be traffic on the course. I assume the risk of running in traffic and any and all other risks associated with running in this event, including but not limited to conditions on the roads, with all such risks being known and understood by me. I agree to abide by all decisions of the race officials relative to my ability to safely complete this race. I agree to not wear headsets, roller blades or skates, drive or ride in motorized vehicles, push baby joggers or strollers, or bring animals onto the race course. Knowing these facts and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who may lay claim on my behalf covenant to not sue, and waive, release and discharge the Sunflower Striders Running Club, Road Runners Club of America, Emergency Services Unit, Run for Life Committee, the City of Topeka, KS and their Police Dept., race officials, volunteers, any and all sponsors' agents, employees, assignees or anyone on their behalf from any claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising from or in the course of my participation in this event, though that liability may arise out of negligence or carelessness on the part of a person named or unnamed in this waiver. The Release & Waiver extends to all claims of any kind whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to race officials and/or agents authorized by them to use any photographs, video tapes, or any other record of this event for any purpose. Applications for minors must have a parent's or legal guardian's signature. The adult that signs for a minor agrees to indemnify any and all persons and entities listed in this Release & Waiver against any claims brought against them by that minor at any time, arising out of the minor's participation in this event.

SIGNATURE: DATE:

PARENT/GUARDIAN SIGNATURE: DATE:

Mail to: Run For Life, HC 211, Washburn University, Topeka, KS 66621 BEFORE March 26, 2010