

RUN FOR LIFE
C/O DAVE PROVORSE
HENDERSON ROOM 211
WASHBURN UNIVERSITY
TOPEKA, KS 66621

April 3, 2010
Start Time: 8:30 a.m.
Location: Petro Center
Washburn University

Featured Events:
Junior Run For Life Ten Mile Race
Two Mile Run/Walk Ten Mile Team Relay

Presented by:
Washburn University Running Club

Benefiting the
Topeka Organ Transplant Organization
administered through the
Transplant Assistance Fund



MARA Grand Prix Event
RRCA Kansas 10 Mile Championship
USATF Certified Road Courses

www.RunForLife.us

15TH ANNIVERSARY



www.RunForLife.us

The mission of the Run for Life is to promote organ and tissue donation awareness while providing a top-quality running event in honor and memory of Winnie Hesse, Anna Riphan, Grant Reser, and all other organ and tissue donors in our community and country.

A portion of the proceeds of the event benefit the Topeka Organ Transplant Organization and are administered through the Transplant Assistance Fund. Please visit the race website at www.RunForLife.us

TOPEKA ORGAN TRANSPLANT ORGANIZATION

The Topeka Organ Transplant Organization (TOTO) is a nonprofit support group for transplant recipients, transplant recipient candidates, living organ donors, and organ donor family members. TOTO designates these funds to provide for those in need of financial assistance from transplant related expenses while striving to educate our community regarding the importance of organ, tissue, and bone marrow donation.

ORGAN AND TISSUE DONATION FACTS

Almost 100,000 Americans are listed on the national transplant waiting list. One donor may help as many as 50 transplant recipients. There are many myths and misconceptions surrounding organ and tissue donation but one fact remains clear and constant: The need is great.

If you are interested in organ and tissue donation we suggest that you take three steps. **First**, give serious and informed consideration to becoming a donor. Valuable information to help you with your decision can be found on the following websites, www.unos.org, www.donatelife.net, www.marrow.org, www.redcross.org, www.optn.org, and www.organdonor.gov. **Second**, document your decision on your driver's license or organ donor card.

Finally, share your decision with your family and friends so that they can fulfill your wishes.

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