



February 14, 2010

Dear Elementary PE Teacher or Home School Parent,

The Run for Life is an annual running event held each April at Washburn University. The run has always encouraged youth running by incorporating a fun run for kids and their family. Last year the organizing committee decided to take the kids aspect of our event to a new level. We organized a more formal youth run billed as the Jr. Run for Life, held the night before the traditional run. We also partnered with several elementary schools to organize kids running clubs prior to the Jr. Run for Life. Both of these efforts were a great success and will again be part of the Run for Life activities.

The Jr. Run for Life will be held Friday, April 2, 2010. The event will include a one mile run, a half mile run, and a tot trot (approximately 50 yds). The running events will start at 6 pm, and race day registration will open at 4 pm. All activities will be based out of Washburn's Lee Arena. Last year over 125 young athletes took part in the run and the excitement they created surprised even the organizers. The kids were thrilled to hear their names called by our race announcer as they crossed the finish line. They were even more excited to receive the dog-tag medals we awarded each finisher. The 2010 edition of the Jr. Run for Life will feature all of this and more. **This year the course will be on the Track in Moore Bowl, Yager Stadium on the WU campus!** Participation is free, however there is a \$10 fee for t-shirts. Registration may either be done online or entry forms may be printed from the web at runforlife.us.

The Jr. Run for Life Challenge is the title of the partnership program we organized with elementary schools. During the four weeks prior to the Jr. Run for Life the schools are encouraged to give students the opportunity to run or walk either as part of a class, as an after-school program, or independently. Students that log a total of 10 miles during the four weeks will be recognized as Run for Life Runners, and will receive a specially designed certificate. There are additional goals for those that want to go beyond the 10 mile distance. Materials have also been created to help students track their progress and can again be found on the web at runforlife.us.

We hope that you'll be able to participate in the 2010 Jr. Run for Life kids program. If you have any questions concerning the event, please contact me at 670-2079.

Sincerely,

A handwritten signature in black ink that reads "John Mullican". The signature is written in a cursive style.

John Mullican